



“That is what we offer in the *LifeSkills*, all said and done, we offer hope.”

– Sonia, Advice Worker

At Whitechapel Mission we offer free, confidential advice to people with all kinds of housing problems. Including advice on; prevention, night shelters, addiction, benefits and settled status. The Lifeskills Centre exists to empower, inform and enable the homeless and other vulnerable people. The Centre delivers learning in an accessible and safe environment, in order to provide people with the resources to make real choices about their lives. The Centre is led by the needs of learners, and aims to respond to the aspirations and desires of the Centre users. This is done by providing learning in the broadest sense, promoting supportive relationships, emotional literacy, basic skills and life skills.

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